Situated Adaptive Guidance for the Mobile Elderly

- The *MobileSage* project -

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Project description

Project AAL-2010-3050
https://mobilesage.eu

Project duration: 2011-2013
Project funding:
- AAL Joint Programme,
- Spanish Government
- Spanish Ministry of Industry, Energy and Tourism

Budget: 2 446 402 Euro

Partners:

Norwegian Computing Center (Coordinator) • Norway

Seniornett • Norway

TeamNet • Romania

University of Ulster • UK

Ingeneria & Soluciones • Spain

Telefonica Investigación y Desarrollo • Spain

Ruter • Norway

Ana Aslan International Foundation • Romania

Project Philosophy

❖ The senior citizens of nowadays' society

- live longer,

- are more independent, active and

- more demanding customers than ever before.

❖ AAL applications are user-friendly and personalized ICT services able to support old people mobility and active life despite their various impairments.

❖ These innovative services:
- may reduce the burden of family members or care persons,

- may improve the inclusion of the elderly in the self-serve information society,

- may significantly reduce the long term care costs.

Project's general objective

To contribute to the development of smart technology required by the actually evolving "self-serve" society.

Specific objective

The elaboration of a personalized IT&C application installed on a specially created mobile phone able to:
- improve the indoor and outdoor (traveling) mobility of old people,
- support the fulfillment of the activities of daily living,
- provide "help on demand" services for hurdling different domestic or traveling challenges.

The innovative features:

- a "personal assistant" component installed on the smart MobileSage phone, capable of providing help-on-demand support based on personalized, multimodal instructions.

- the capability to hold and retrieve helping solutions generated by the user himself or the caregiver.

The expected benefits for different end-users:

- The improvement of **primary end-users** capabilities for:
    - solving different activities of daily living
    - using different domestic devices and equipments
    - independently living, grace to "help for self-helping" algorithms and stimulation of own problem solving skills

- The reduction of **secondary end-users** burden (family and caregivers)

- The ease of **tertiary end-users** tasks (specific NGOs, health services providers, Business Intelligence actors, etc.) dealing with:
    - teaching digital literacy to the elderly,
    - prioritization of carrying resources.

The expected benefits for the society:

- The outcomes of MobileSage project will bring benefits for the scientific and technological community

- An improved quality of life for the aged population segment

- An extended duration of the stay at home for elderly people - in their domestic, beneficial environment, for as long as possible, securely and at the same time independently and socially inserted

- A significant reduction of long-term care costs

Intermediate results / outcomes

of the MobileSage project

- The Kick-off meeting – September 6-7th , 2011, Oslo

- The establishment of the target group ("Focus Group") – old people (aged 65+) with compensated visual and/or hearing dysfunctions, as well as people with mild to moderate cognitive dysfunctions and/or depression kept under the specific medication

- The establishment of the 3 National Pilots for the MobileSage smart phone design, evaluation and validation (Norway, Romania, Spain)

- The Workshop "Medical aspects in MobileSage project", Bucharest, November 3-4th , 2011

- The elaboration of "Scenarios" for end-users needs detection and analysis

- The investigation of end-users specific needs in the three partner countries

- User needs analysis and elaboration of Focus Group Report

- The elaboration of "Persona" skeletons

- The elaboration of User Requirements Specification (deliverable)

- The elaboration of API and Functional Specification for the function of services management (deliverable)

- System architecture configuration

- Elaboration of project specific ethical provisions, and of the Ethics Manual to be used during the work sessions with the voluntary end-users enrolled in the Focus Group

- Elaboration of MobileSage Project Guidelines

- Elaboration of the first variant of Exploitation and Dissemination Plan

The contributions of the Romanian
medical partner

Ana Aslan International Foundation (AAIF)

In the MobileSage Project AAIF is:

- **The Medical partner**

- **The National Pilot** for MobileSage platform testing and validation, in cooperation with the 16 voluntary end-users it enrolled in the Romanian Focus Group

The relevant areas of AAIF's expertise for this project are:

- Holistic-integrative health state evaluation of the elderly

- Evaluation, treatment and monitoring the cognitive decline

- Integrated care

- Ethical aspects of the elderly acute and long-term care

- AAIF is an active national and international promoter of research and applications in the field of AAL technology for seniors

- AAIF acquired significant expertise in AAL technology for elderly, due to its previous partnerships:

  - SHARE-it (2006-2009)
  - K4Care (2006-2009)

  - On going projects:
    - MobileSage (2011-2013)
    - AgingWell (2012-2014)
    - MobileOld (2012-2014)
    - Confidence(2012-2014)

AAIF- fulfilled the following activities:

- **Co-organizer of the Workshop titled as "Medical aspects of MobileSage Project",** accomplished in Bucharest - 2-4.11.2011 under the aegis of MobileSage Consortium and in direct cooperation with the technical Romanian partner "TeamNet "– Bucharest.

- **Establishment of the Romanian target group ("Focus Group")** as component of the Romanian Pilot , which enrolled:

  - 8 males and women aged 65 and over, with visual and/or auditory compensated dysfunctions

  - 8 males and women aged 65 and over, with mild to moderate cognitive dysfunctions and/or depression under treatment

- **The voluntary end-users' selection protocol** (inclusion/exclusion criteria)

- **Defining the suitable battery of tests for cognitive evaluation**, in accordance with the needs of the project

- **Elaboration of the "Scenarios"** required by voluntary end-users needs evaluation and the configuration of MobileSage smart phone functions.

- **"Scenarios" adaptation** to the in Romanian infrastructure and Romanian translation

- **voluntary end-users Evaluation-Interview Protocol** necessary to detect those needs and preferences able to be covered by the MobileSage smart phone .

- **ethical rules and legality**

- **Fulfillment of Romanian "Focus Group" evaluation**

  the Romanian Focus Group Report related to end-users needs and preferences.

- Further contributions to various deliverables:

  - **"Persona" skeletons**

  - **Specification of primary end-users needs**

  - **Project's ethical guideline** and the **ethical manual**

  - The first draft of the **Dissemination and Exploitation Plan**

- Activities related to **Project promotion and dissemination**:

  - the aims and objectives of MobileSage project were pointed out as a golden answer for the long-term geriatric assistance, within the "BRAINAGING" project-POSDRU 81/3.2/S/46975

    - This is a national, strategic educational program which trains Doctors from 7 specialties (Neurology, Psychiatry, Geriatrics, Molecular Medicine, Imagery, Family Medicine, Anesthesiology) and General Nurses into a new integrated curiculla on brain aging

    - Until now 4000 persons attended the courses, in 5 out of 8 national euro regions to be covered by mid of 2013

Thank you for your attention !

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